



Spring 2010

# The View from Foley Mountain \*

## News from the Friends of Foley Mountain

Box 244, Westport ON K0G 1X0

[www.friendsoffoleymountain.ca](http://www.friendsoffoleymountain.ca)

[info@friendsoffoleymountain.ca](mailto:info@friendsoffoleymountain.ca)

## A Letter from the Chair

Members of the Friends of Foley Mountain include individuals, local businesses and service groups who are committed to preserving Foley Mountain Conservation Area in its natural state for the enjoyment and outdoor education of present and future generations. The Board of Directors is made up of volunteers who share this commitment.

The mandate of the Board is to assist the Rideau Valley Conservation Authority (RVCA) in increasing public enjoyment of Foley Mountain Conservation Area and participation in its programs, while at the same time preserving its natural state for future generations.

Your Board's challenge is twofold; one in having a plan of how best to assist the RVCA in maintaining and expanding our Park's educational programs and infrastructure in a way that has minimal impact on its flora, fauna and tranquility – the very reason for its existence in the first place, and another is to generate the necessary funding to implement the plan.

- We invite members of the Friends of Foley Mountain to be involved in the planning process.

Traditionally, funding for programs and projects has been generated from the sale of memberships, individual donations and an annual summer auction of items donated by local businesses and individuals. In recent years the auction has been held every second year and a canoe raffle being held in between. This summer a raffle will be held and the winner will have the choice of a Swift kayak or a Swift canoe of equal value. As in past years, raffle tickets will be sold in Westport on Saturdays and Sundays beginning the first Saturday in May. If you are able to assist with the ticket selling process please contact Mike Fay at 613-273-8578. Your help will be most appreciated.

Sandy Cameron  
Chair



### We're on the Web!

Find information about the Friends of Foley Mountain and updates at:

[www.friendsoffoleymountain.ca](http://www.friendsoffoleymountain.ca)

Our e-mail address is:

[info@friendsoffoleymountain.ca](mailto:info@friendsoffoleymountain.ca)

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\* 'The View From Foley Mountain', is used with permission of Peri McQuay, the author of the original book:

'The View From Foley Mountain.'

# **Friends of Foley Mountain continues to support Foley Mountain Programs**

Your Board of Directors has again approved funding for a number of programs at Foley Mountain Conservation Area for the coming year. Every year we provide \$10,000 in funding to the Rideau Valley Conservation Authority to support the Children's Interpretive program that welcomes several thousand school children in the spring, fall and winter; and provides family programming in the summer. FOFM is also partnering with the RVCA and the federal government to provide a summer student to assist with the interpretive program. Once again this year FOFM will be funding the rental of amphibians and reptiles for the popular Children's Discovery Centre located on the ground floor of the Visitor Centre. FOFM also purchases equipment and



resource materials to enrich the park's interpretive program.

All of the above is dependent on your yearly membership fees and donations along with the

various fund raising efforts organized by the Board. This year we are again featuring the canoe or kayak raffle with ticket sales beginning in early May.

This past winter, Friends of Foley Mountain also arranged for the trail crew of the Frontenac Arch Biosphere Reserve to do maintenance and clearing of the trails in Foley Mountain. A big thank you to the great folks at the Biosphere Reserve for being such great partners!

Last but not least, our Annual General Meeting is coming up on May 19<sup>th</sup> at 7pm at the Foley Mountain Visitor Centre. Everyone is welcome to attend. If you are interested in volunteering on the Board, please contact Mike Fay at 613-273-8578.

<b>Friends of Foley Mountain Statement of Revenue &amp; Expenses First Quarter - 2010</b>	
<b>Revenue:</b>	
Memberships.....	\$ 5150
Donations .....	225
<b>TOTAL.....</b>	<b>\$ 5375</b>
<b>Expenses:</b>	
Fund Raising .....	\$ 1643
Education .....	372
Advertising & Promotion .....	339
Miscellaneous.....	175
Membership Mailings .....	147
Office Supplies .....	42
<b>TOTAL.....</b>	<b>\$ 2718</b>
<b>Note:</b> Major expenditures such as the \$10k contribution to RVCA, student subsidy and reptile rental occur later in the year.	

## **News From the Rideau Valley Conservation Authority**

The winter of 2009/2010 may appear to have been a quiet season for Foley Mountain Conservation Area, but the real activity was happening behind the scenes. As a result Foley Mountain will see new trail maps, improved trails, improved washrooms at the interpretive centre and a brand new brochure package to start off the 2010 season.

All developments will clearly improve the experience of the visitor. The new trail maps better reflect the recently upgraded trail marking. Not only will these maps be available for all visitors at each kiosk, starting in May, they will also be available in the new Conservation Areas brochure developed for all RVCA conservation areas. Small trail maps signs will be available at certain locations along the trail to orient hikers and walkers as they travel along.

Spring will also bring valuable construction to the Interpretive Centre. Thanks to a successful

funding application, Foley Mountain's main building will see the addition of accessible washrooms. These washrooms will be a nice addition to the mobility ramp that is now available to enter the building and the mobility trail, which provides scenic views and interpretive signs. A nice feature to the new addition is that the washroom will be available from the exterior of the building as well as the interior. RVCA will also be adding a designated parking area for accessible parking, to ensure a spot is reserved close to building.

Although some of the projects will still be taking place in the spring and summer of this year, Foley Mountain Conservation Area promises to provide the enjoyable, natural experience that it always does and more.

Kristy Giles  
Conservation Lands Planner  
613-692-3571 ext. 1178  
[www.rvca.ca](http://www.rvca.ca)



### **Announcement & Invitation**

The Friends of Foley Mountain would like to extend an invitation to all members to spend some time in the Park.

Supervisor, Rebecca Whitman, is on maternity leave, and will return in November. She is being replaced by the familiar face of Barry McQuay, who starts full time on April 1. So you may rest assured that most things will be predictable.

The Interpretive Centre which includes the Children's Nature Discovery Centre on the lower level of the building, will be open on Saturdays (noon until four p.m.) and Sundays (ten a.m until four p.m.) during July and August and holiday Mondays (ten a.m until four p.m.).

Currently, the search is on for a student education technician, and when that has been established, interpretation programmes will be arranged for the Thursday and Saturday time slots from ten a.m until eleven thirty.

The expectation is that the student will start working in May.

All are welcome to come and walk the trails as usual, and watch the spring flowers sneak up through the leaves.





**FRIENDS OF  
FOLEY MOUNTAIN  
2010  
MEMBERSHIP FORM**

*(Please complete in ink)*

<b>Annual Member:</b>	<b>(\$25)</b>	<input type="checkbox"/>
<b>Contributing Member:</b>	<b>(\$50)</b>	<input type="checkbox"/>
<b>Supporting Member:</b>	<b>(\$75)</b>	<input type="checkbox"/>
<b>Sustaining Member:</b>	<b>(\$100)</b>	<input type="checkbox"/>
<b>Patron:</b>	<b>(\$200)</b>	<input type="checkbox"/>
<hr/>		
<b>Corporate Member:</b>	<b>(\$25)</b>	<input type="checkbox"/>
<b>Corporate Sponsor:</b>	<b>(\$50)</b>	<input type="checkbox"/>
<b>Corporate Patron:</b>	<b>(\$200)</b>	<input type="checkbox"/>

**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Postal Code:** \_\_\_\_\_

**Phone: ( )** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Prefer Email** ☐

All members receive a tax receipt and at least two newsletters per year.

Patrons' names (unless otherwise requested) are placed on our Patrons Board at the Spy Rock Parking Lot.

Corporate Sponsors and Corporate Patrons receive framed membership certificates with annual seals to show renewal.

**PLEASE NOTE:** Membership does not include free access to Foley Mountain Conservation Area.

**To purchase an RVCA Conservation Area 2010 Annual Pass please add \$25 to your membership fee.**

**Write your vehicle licence number(s) here:**

**This pass allows access to all five RVCA Conservation Areas.**

*Cheque or Money Order payable to:*

**Friends of Foley Mountain**

*Please send your form and payment to:*

**Friends of Foley Mountain**

**P.O. Box 244**

**Westport, ON K0G 1X0**

**Join the Friends of Foley Mountain !**

Your membership in the Friends of Foley Mountain is important to us and to the many families who enjoy and explore Foley Mountain Conservation Area each year. Through your donation to FOFM and membership with the Rideau Valley Conservation Authority, you are contributing to improving the activities and programs offered to the public.

As a member and donor, you:

- are a member of the **Friends of Foley Mountain** for one year.
- will receive a bi-annual **FOFM** "A View from the Mountain" newsletter, usually Spring and Fall.
- will be invited to attend activities the **FOFM** hold throughout the year – watch the RVCA website and for posters throughout Westport and the community
- support conservation activities, promote the protection of endangered species of plants and animals
- support the Children's Nature Discovery Centre.
- support programs for school children visiting the park to participate in educational conservation programs

To learn more about Membership in the Friends of Foley Mountain contact: Jocelyn Jones @ 613-273-8333 (Membership Chair)

